

Fire Safe Kids



Activity Book



A message to teachers, parents and caregivers...

The purpose of this activity book is to help prevent burn injuries and deaths in young children.

You should know...

- Burn injury is the second leading cause of death in young children.
- 85% of all burns occur in the home. The greatest number of burns occur in the kitchen.
- Young children are the most frequent burn victims.
- Children playing with matches start 25% of all fires.
- Visit www.burninstitute.org to download an escape plan and checklist of simple steps that your family can use to prevent fire and burn-related injuries and deaths.
- Create and practice a home escape plan with everyone in the household, including a meeting place outside the home where everyone can gather in case of an emergency.
- Regularly check the operation of your smoke alarms by testing the battery monthly and replacing batteries when needed.

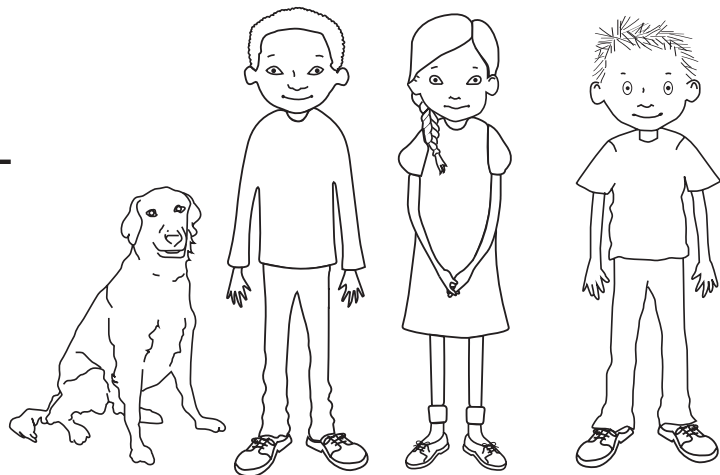
Un mensaje a maestros, padres, y tutores:

El propósito de este libro de colorear es para ayudar a prevenir heridas por quemaduras y muertes a causa de incendios en los niños.

Usted debe saber que...

- Heridas por quemaduras es la causa número dos de muerte en niños pequeños.
- El 85% de todas las quemaduras ocurren en el hogar. La mayoría ocurren en la cocina.
- Niños pequeños son las víctimas más comunes.
- Niños jugando con cerillos comienzan el 25% de todos los incendios.
- Visita www.burninstitute.org para descargar un plan de escape y la lista de sencillos pasos que su familia pueda usar para prevenir incendios y quemaduras relacionadas con lesiones y muertes.
- Crear y practicar un plan de escape con todos en el hogar, incluyendo un lugar de encuentro fuera de la casa donde todos puedan reunirse en caso de una emergencia.
- Compruebe regularmente el funcionamiento de los detectores de humo al probar la batería mensual y reemplazar las baterías.

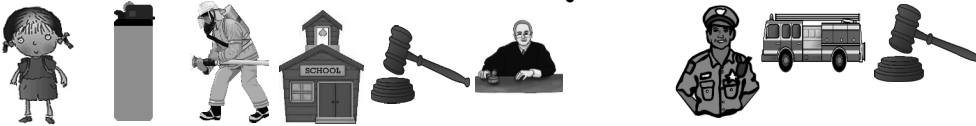
**FOR MORE EDUCATIONAL
ACTIVITIES VISIT
FIRESAFEKID.ORG**



**Burn
Institute®**

Fire and Burn Prevention | Burn Survivor Support | Burn Research
for more information contact the Burn Institute:
8825 Aero Dr # 200, San Diego, CA 92123
ph. (858) 541-2277

Decode this message to reveal our #1 fire safety rule:



!!!

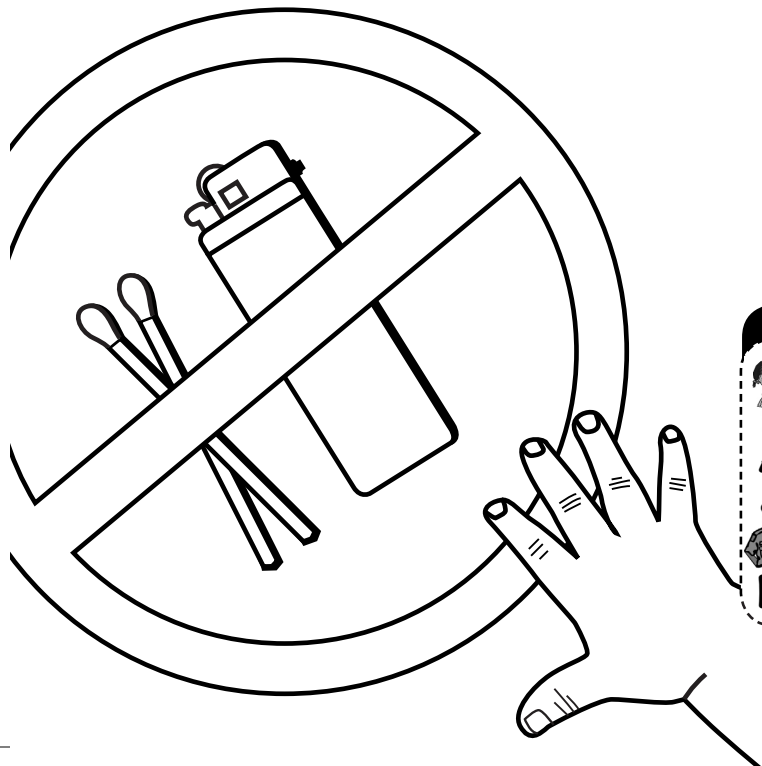


IMAGE KEY:

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

ANSWER: MATCHES AND LIGHTERS ARE TOOLS FOR ADULTS, NOT TOYS FOR KIDS

Home Fire and Burn Prevention Checklist

Use this checklist to inspect your house for possible fire dangers.

1. Are matches and lighters locked up and out of children's reach?
2. Are portable space heaters kept away from curtains, furniture and normal traffic patterns? Portable kerosene heaters are prohibited for home use in many states. Has all your heating equipment been checked and cleaned this year?

5. Do you have a fireplace screen to prevent sparks from flying?
6. Do you have the proper sized fuses or circuit breakers for your household?

10. Are all paint, varnish and other flammable liquids stored in tightly closed metal containers and placed away from all heat and ignition sources?

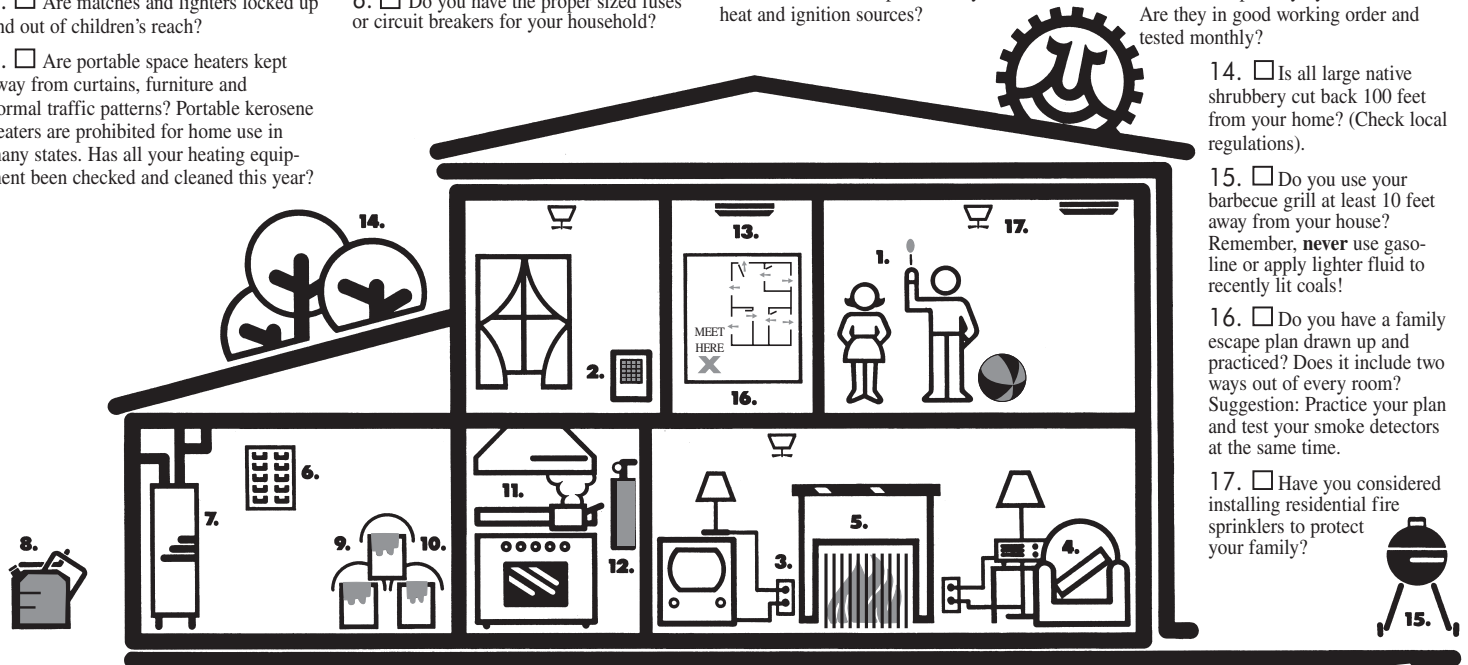
13. Are there one or more smoke detectors placed properly throughout the house, especially by the bedrooms? Are they in good working order and tested monthly?

14. Is all large native shrubbery cut back 100 feet from your home? (Check local regulations).

15. Do you use your barbecue grill at least 10 feet away from your house? Remember, **never** use gasoline or apply lighter fluid to recently lit coals!

16. Do you have a family escape plan drawn up and practiced? Does it include two ways out of every room? Suggestion: Practice your plan and test your smoke detectors at the same time.

17. Have you considered installing residential fire sprinklers to protect your family?



3. Are there adequate outlets to avoid the need for multiple attachment plugs and long extension cords? Avoid placing extension cords under rugs, over hooks, or through partitions and door openings. Do you have special electrical outlet covers to protect young children?

4. Do you check to make sure there are no burning cigarettes under cushions before going to bed?

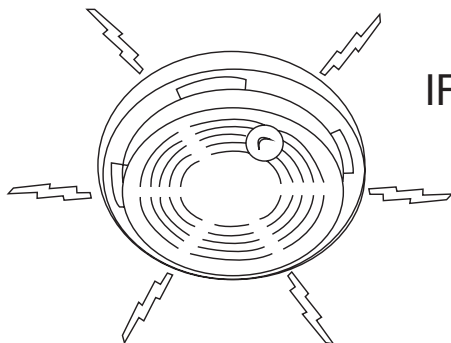
7. Is your water heater turned to 110°-120°? Higher settings will cause a serious burn in seconds.

8. Do you have gasoline stored in a strong metal can with a self-closing cap on the opening? Is it stored away from flames and all heat sources, including the water heater pilot light?

9. Is your garage free from rubbish, oil rags, flammable liquids, large stacks of paper, and kept in an orderly manner?

11. Are your kitchen stove, oven, broiler and exhaust fan kept clean of grease? If a grease fire does occur, smother the flames with a pan lid-never throw water on a grease fire! Remember to turn pot handles toward the back of the stove and cook on back burners.

12. Do you have a fire extinguisher in your kitchen near the exit? Is it easily accessible and ABC rated? Do you know how to use it?



IF YOUR FAMILY DOES NOT HAVE A WORKING SMOKE ALARM CALL THE BURN INSTITUTE TODAY
FOR A FREE INSTALLATION!

(858) 541-2277

Tell us about you!



My Home Address:

My Phone #: _____

My Family Emergency Number: _____

My Family's Outside Meeting Place (in case of fire):

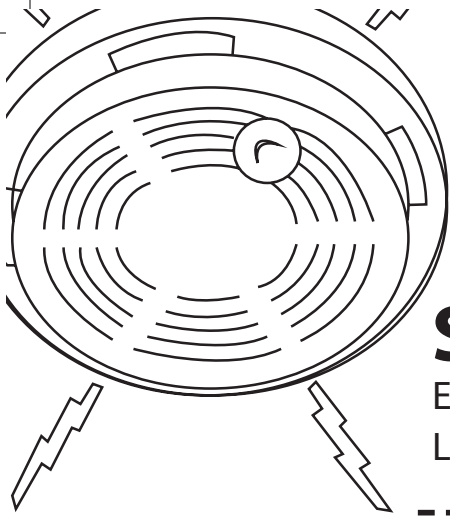
ALWAYS CAL 9-1-1 in an EMERGENCY!!

Circle all the SAFETY HAZARDS you can find...





Can you find 6 Burn Institute logos?



SMOKE ALARMS SAVE LIVES!

EVERY HOME should have a working smoke alarm ON EVERY LEVEL and IN EVERY BEDROOM. **TEST YOUR SMOKE ALARMS TODAY!**

GOOD TO KNOW ...

1) Where's the BEST place to meet your family during a fire?

2) Write down the meeting place shown in this picture!

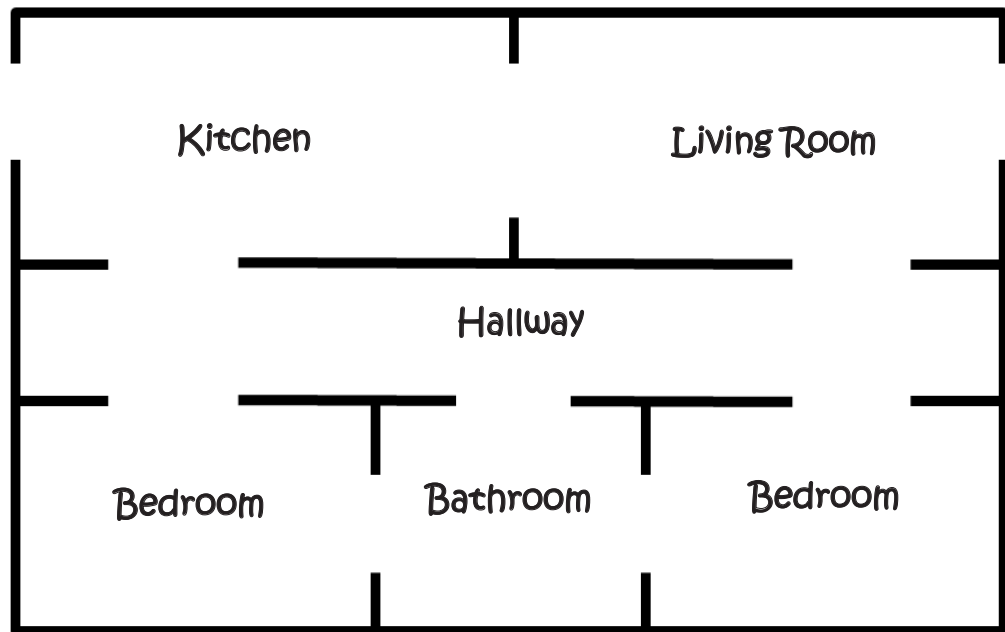
3) What number do you call when there's a fire?

4) It's unnecessary to have smoke alarms in the kitchen, why?

Smoke Alarm Installations!

Help us install some smoke alarms! Draw a line from each smoke alarm to the rooms where you think they belong.

(Hint: There should be a smoke alarm in every bedroom and every floor of your home including your living room)



Answer: Smoke alarms should be in the bedrooms, living room, and hallway.

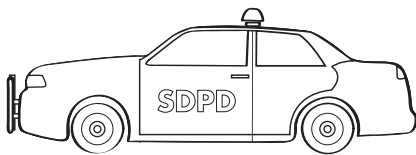
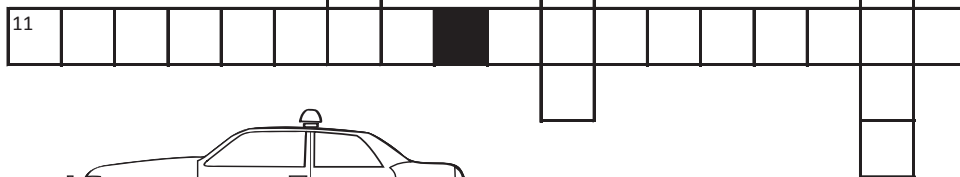
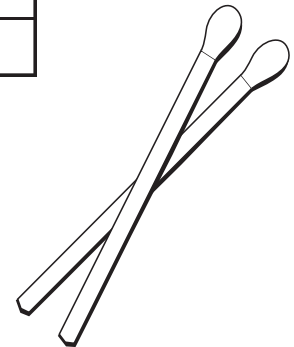
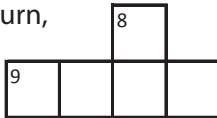
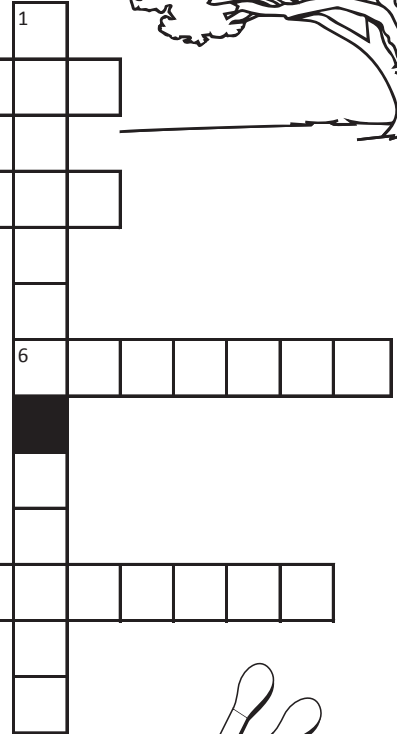
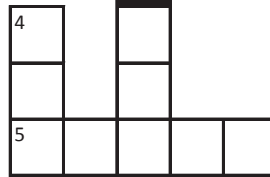
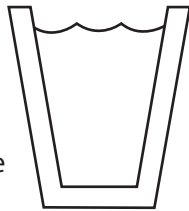
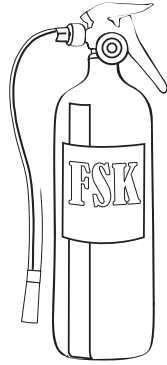
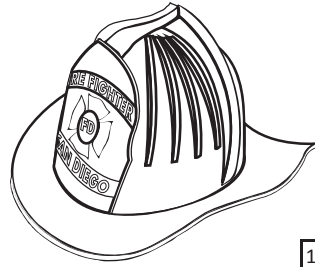
Answers: 1) Outside, 2) The tree, 3) 9-1-1, 4) To avoid false alarms due to cooking



Fire Safe Kids 2

CROSS WORD PUZZLE

GREGORY is a character in Fire Safe Kids 2 who thought it was cool to play with **MATCHES**. Matches and lighters are tools for **ADULTS** not **TOYS** for kids. After setting a fire, Gregory's friend Junior had to show Gregory how to get out by crawling **LOW** under smoke and finding a **MEETING PLACE** for safety and to call 9-1-1. When the **FIRE FIGHTER** came, the fire was too big for a **FIRE EXTINGUISHER** so they had to use a big hose to put the fire out with **WATER**. After the fire was put out, both Gregory and Junior were in serious trouble and had to go to **JUVENILE DETENTION**. To stay out of trouble, don't play with matches or lighters. Remember that if your clothes catch fire always **STOP DROP AND ROLL**. And if you get a burn, **COOL** it with cool water and call 9-1-1 for help.



ACROSS

2. A person who helps put out a fire.
3. Hot foods should always be prepared by _____
5. Cool a burn with cool _____ never ice or butter.
6. Who is mischievous?
7. Never play with _____ and lighters.
9. Let hot food _____ before eating.
11. Don't start a fire or else you can end up in a _____

DOWN

1. Once you get out of the house safely after a fire, where should you meet?
2. What is used to put out a fire?
4. Crawl _____ under the smoke.
8. Stop, drop, and _____
10. Matches and lighters are tools for grown ups, not _____ for kids.

Fire Safe Kids 2 WORD SCRAMBLE

MATCHES and **LIGHTERS** are tools for adults not toys for kids. If you play with matches or lighters there is a chance that you can cause a **FIRE**. Fires create **BLACK SMOKE** which can make your **SMOKE ALARM** beep. **FIRE FIGHTERS** and **POLICE** will come and you can get in serious trouble. Kids are also at risk of **SCALD** burns. A scald burn is caused by a **HOT LIQUID**. Often a scald burn is caused by **COOKING**. You or someone you love can be seriously **HURT** with a scald burn and have to go to the **HOSPITAL**. Always cool your scald burn with cool **WATER** and call 9-1-1 for help.

Help Junior, Bella, Gregory & Curious uncover the hidden fire safety message.

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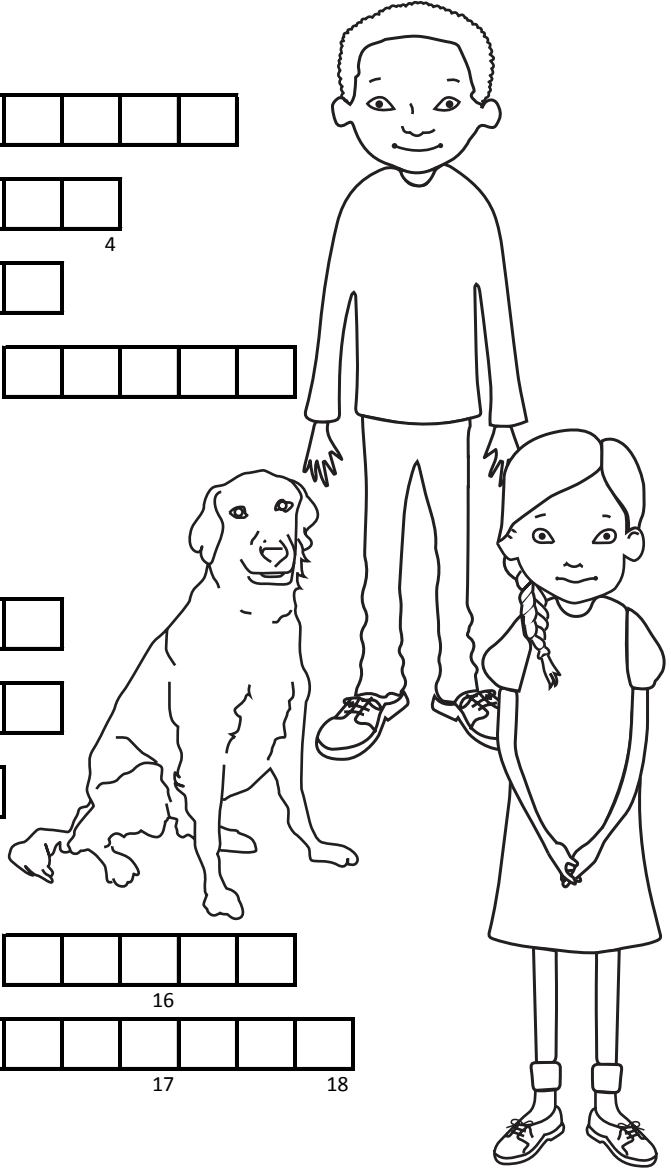
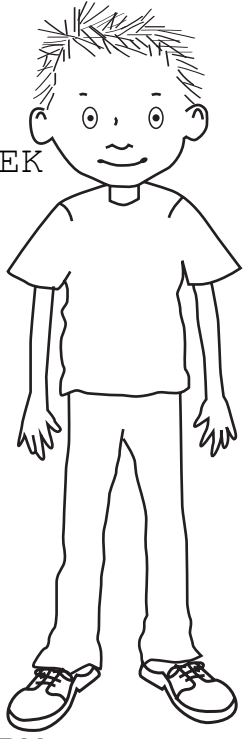
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HIDDEN MESSAGE:

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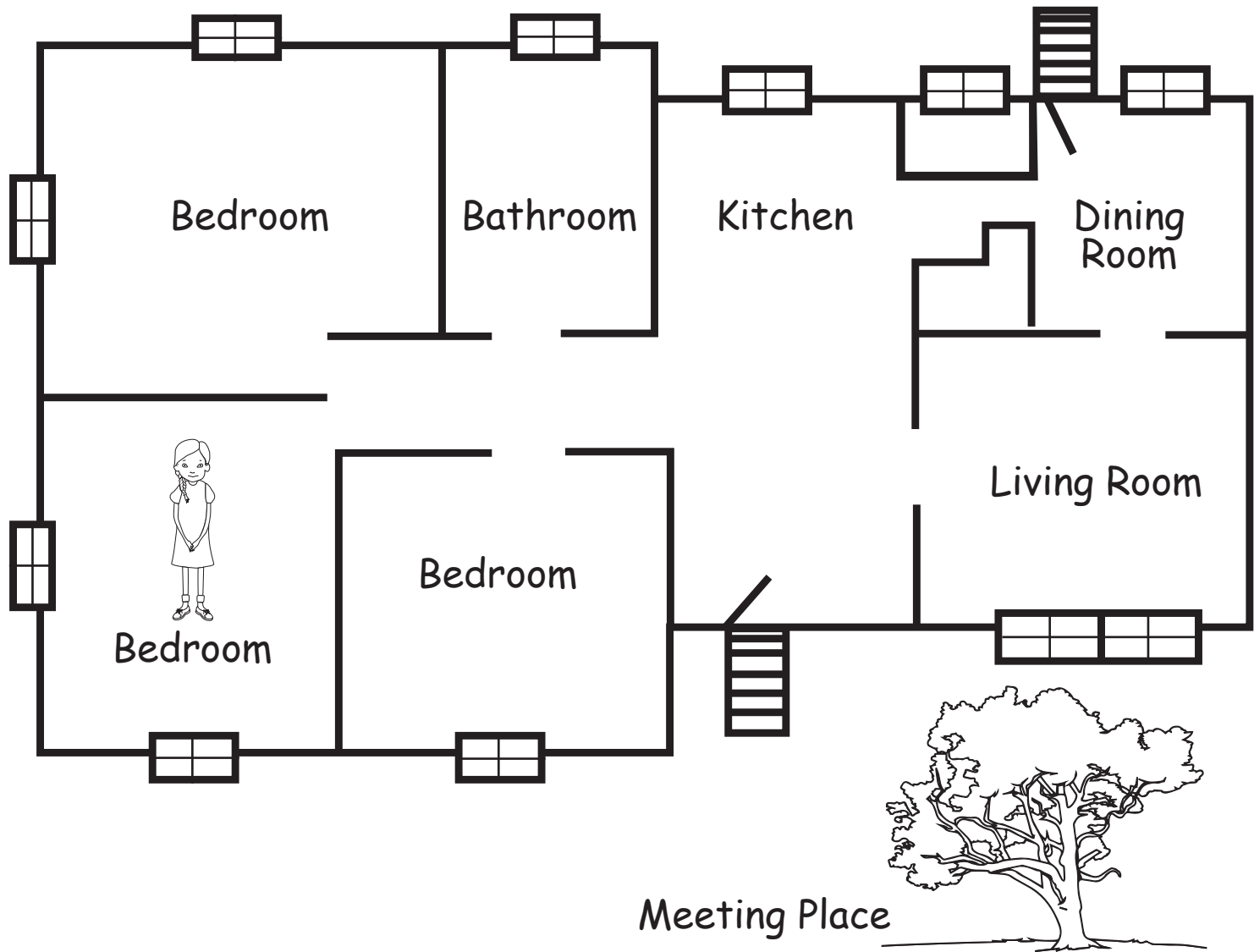


FIRE ESCAPE PLAN! Know 2 ways out

Help Bella get to her family meeting place.

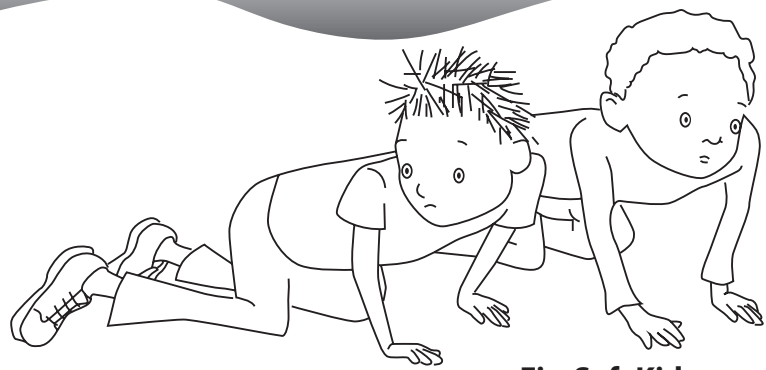
Using arrows show Bella 2 ways out of her room...

(Hint: windows can be used to get out)



REMEMBER:

**ALWAYS
CRAWL LOW
UNDER SMOKE!!!**





Scald Prevention:

Although scald burns can happen to anyone, children are most susceptible with the greatest number of scald burns occurring in the kitchen and bathroom. Scald burns are predictable and preventable. By being aware of hazards and potentially dangerous situations in your home burn injuries can be prevented.

PLEASE REMEMBER TO:

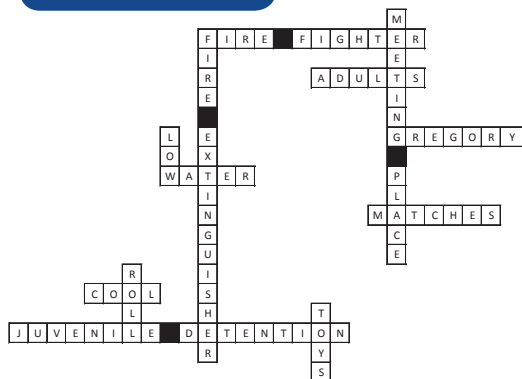
- › Have adults prepare hot foods for children.
- › Stir and test food cooked in the microwave before serving.
- › Use back burners and turn pot handles in.
- › Keep hot drinks away from the edge of tables and counters to avoid spills.

AND NEVER HOLD OR CARRY A CHILD WHILE YOU HAVE A HOT DRINK IN YOUR HAND.

For more information on scald prevention please see "It Can Happen In a Flash With A Splash" at www.splashflash.org

For More Fun Stuff go to FireSafeKid.org

ANSWER KEYS:



- LADSC
- THO QLIDIUS
- POLHISALT
- SMAETHC
- LABKC OMEKS
- RHTU
- EARWT
- RETHLGIS
- OKOIGNC
- LPCEOI
- EIRF
- KOMSE LMARA
- IFRE HTFIRGE

- S C A L D
- H O T
- H O S P I T A L
- M A T C H E S
- B L A C K S M O K E
- H U R T
- W A T E R
- L I G H T E R S
- C O O K I N G
- P O L I C E
- F I R E
- S M O K E A L A R M
- F I R E F I G H T E R

HIDDEN MESSAGE:

- C O O L
- A B U R N
- W I F E
- C O O L
- W A T E R



SPECIAL THANKS TO SAN DIEGO STATE UNIVERSITY PUBLIC HEALTH DEPARTMENT, OUR UCSD PHD (2014/2015) INTERNS NASMA SHAMOON, CECILIA MIRNDA, JEANINE GELACIO, AND VERA JEBRAEL (INTERN FALL 2015) AND GRAPHIC DESIGNER TIFFANY VORNDRAN